

Participant Pseudonym	Job Title	Years in Hospice	ProQOL Scores Before (Stage 1)			Spiritual Practices Used (Stage 2)	ProQOL Scores After (Stage 3)			Changes in ProQOL Scores
			<u>CS</u>	<u>B</u>	<u>CF</u>		<u>CS</u>	<u>B</u>	<u>CF</u>	
A- Elise	MSW	4.5	28	33	37	Art, Music, Nature, Body/Movement, Prayer/Meditation, Journaling	28	25	28	<u>CS</u> : Same <u>B</u> : ↓ by 8 <u>CF</u> : ↓ by 9
B- Donna	RN	4	48	14	13	Nature	44	15	18	<u>CS</u> : ↓ by 4 <u>B</u> : ↑ by 1 <u>CF</u> : ↑ by 5
C- Rebecca	CH	5	40	22	31	Art, Music, Nature, Body/Movement, Prayer/Meditation, Journaling	40	24	29	<u>CS</u> : Same <u>B</u> : ↑ by 2 <u>CF</u> : ↓ by 2
D- Wanda	CH	1	43	27	31	Art, Music, Nature, Body/Movement, Prayer/Meditation, Journaling	39	24	25	<u>CS</u> : ↓ by 4 <u>B</u> : ↓ by 3 <u>CF</u> : ↓ by 6
E- April	RN	2	50	17	19	<i>Did not complete follow-up survey</i>				
F- Nancy	MSW	3	30	30	26	Music, Prayer/Meditation	38	20	22	<u>CS</u> : ↑ by 8 <u>B</u> : ↓ by 10 <u>CF</u> : ↓ by 4
G- Sally	MSW	1	48	13	21	Music, Nature, Body/Movement, Prayer/Meditation	48	16	21	<u>CS</u> : Same <u>B</u> : ↑ by 3 <u>CF</u> : Same
H- Jerry	CH	6.5	41	24	23	Music, Prayer/Meditation	38	26	21	<u>CS</u> : ↓ by 3 <u>B</u> : ↑ by 2 <u>CF</u> : ↓ by 2
I- Alice	CH	6	41	23	24	Music, Nature, Body/Movement	40	25	21	<u>CS</u> : ↓ by 2 <u>B</u> : ↑ by 2 <u>CF</u> : ↓ by 3
J- Terry	CH	5	45	20	18	Music, Prayer/Meditation, Journaling/Writing	41	28	18	<u>CS</u> : ↓ by 4 <u>B</u> : ↑ by 8 <u>CF</u> : Same
K- Laura	CH	1	45	14	18	Music, Prayer/Meditation	45	17	18	<u>CS</u> : Same <u>B</u> : ↑ by 3 <u>CF</u> : Same